

35th Sturgis Falls Half-Marathon**Cedar Falls, IA****June 30, 2013**

50s at start & Cloudy - Perfect Weather

Results by Cal Murdock

5K results [here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS	FINISHER	TIME	PACE
1	OpM	Randy Bill, 31, Cedar Falls, IA	1:10:57	5:25
2	1 M19	Luke Demmel, 23, Ames, IA	1:14:25	5:41
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
3	1 M35	Keith Henry, 36, Tucson, AZ	1:19:23	6:03
4	2 M19	Terry Nielsen, 20, Cedar Falls, IA	1:19:50	6:05
5	1 M14	Ben Fick, 18, Coralville, IA	1:20:19	6:08
6	3 M19	Calvin Kibby, 21, Ankeny, IA	1:20:19	6:08
7	4 M19	Chase Nowak, 24, St Louis Park, MN	1:22:15	6:16
8	MM	Steve Hartman Keiser, 48, Wauwatosa, WI	1:23:52	6:24
9	1 M40	Brent Boevers, 41, Waverly, IA	1:24:35	6:27
10	5 M19	Andrew Snyder, 23, Cedar Falls, IA	1:24:55	6:29
11	1 M25	Ryan Houselog, 27, Cedar Falls, IA	1:25:22	6:31
12	2 M25	Mike Stout, 26, Cedar Falls, IA	1:25:48	6:33
13	1 M45	Chad Krueger, 45, Cedar Rapids, IA	1:26:17	6:35
14	1 M55	Ron Gierut, 56, Cedar Rapids, IA	1:26:27	6:36
15	1 M30	Michael Menke, 32, Dike, IA	1:26:36	6:36
16	2 M14	Mitchell Weeks, 18, Peoria, AZ	1:26:50	6:37
17	2 M35	Jason Lawry, 37, Waukeel, IA	1:27:15	6:39
18	1 M50	Dale Richard, 52, Cedar Falls, IA	1:27:18	6:40
19	3 M14	Alex Bernt, 18, Cedar Falls, IA	1:27:33	6:41
1	OpW	Callie Matthews, 19*, Nashua, IA	1:28:08	6:43
20	2 M30	Jesse Scholten, 32, Cedar Falls, IA	1:28:13	6:44
21	2 M45	Richard Griffiths, 48, Columbia, MD	1:28:32	6:45
22	3 M25	Andy Schoon, 27, Monte Vista, CO	1:28:50	6:47
23	3 M30	Cliff Carlson, 30, Waverly, IA	1:29:29	6:50
24	4 M30	Brian Burkhardt, 32, Cedar Falls, IA	1:29:36	6:50
2	1 W30	Donna Weeda, 34*, Bettendorf, IA	1:29:48	6:51
25	5 M30	Michael McGinn, 32, Des Moines, IA	1:29:59	6:52
26	3 M35	Justin Stockdale, 38, Dike, IA	1:30:01	6:52
3	1 W25	Jennifer Green, 26*, Cedar Falls, IA	1:30:08	6:52
4	2 W25	Erika Hermsen, 25*, Farley, IA	1:30:30	6:54
27	4 M35	Jason Cogdill, 35, Cedar Rapids, IA	1:30:34	6:54
5	2 W30	Stephanie Mortenson, 31*, Windsor Heights, IA	1:30:43	6:55
28	4 M14	Ethan Philo, 18, Cedar Falls, IA	1:30:54	6:56
29	2 M55	Steve Johnson, 57, Cedar Falls, IA	1:31:10	6:57
30	2 M40	Dean Schwickerath, 41, Readlyn, IA	1:31:18	6:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
6	1 W14	Bre Bader, 17*, La Porte City, IA	1:31:40	7:00
31	5 M35	Matthew Miller, 37, Hudson, IA	1:31:55	7:01
32	6 M19	Colin Egan, 23, Waverly, IA	1:32:06	7:02
7	1 W19	Allie Jagielo, 24*, Iowa City, IA	1:32:11	7:02
33	3 M40	Ken Wright, 44, Cedar Rapids, IA	1:32:14	7:02
34	4 M40	Carver Nebbe, 42, Ames, IA	1:32:24	7:03
35	4 M25	Ryan Jardon, 25, Moline, IL	1:32:26	7:03
36	3 M45	Eric Busch, 47, Hiawatha, IA	1:32:34	7:04
37	6 M30	Neil Schlader, 34, Dubuque, IA	1:32:49	7:05

38	7	M19	Andrew Kunkle, 23, Cedar Falls, IA	1:33:27	7:08
8	2	W14	Allison Gregg, 18*, Cedar Falls, IA	1:34:02	7:10
9	2	W19	Clancy Hosch, 20*, Cedar Falls, IA	1:34:13	7:11
39	7	M30	Scott Bohlmann, 30, Cedar Falls, IA	1:34:15	7:11
40	5	M25	Joseph Boyer, 27, Cedar Falls, IA	1:34:24	7:12
41	6	M25	Jonathon Moser, 28, McGregor, IA	1:34:27	7:12
42	5	M14	Michielu Menning, 17, Waterloo, IA	1:34:30	7:13
10	3	W19	Alyssa Arends, 19*, Ackley, IA	1:34:59	7:15
11	1	W35	Justine Calderwood, 36*, Greene, IA	1:35:13	7:16
43	7	M25	Anthony Pollastrini, 28, Cedar Falls, IA	1:35:37	7:18
44	6	M35	Tom Handorf, 37, Gladbrook, IA	1:35:49	7:19
45	2	M50	Craig Brophy, 52, Cedar Rapids, IA	1:35:53	7:19
46	6	M14	Kyle Corwin, 17, Dike, IA	1:36:17	7:21
47	8	M30	Eric Snyder, 31, Cedar Falls, IA	1:36:22	7:21
48	5	M40	James Kaiser, 41, Cedar Falls, IA	1:36:41	7:22
49	7	M14	Ryan Betz, 17, Indianapolis, IN	1:36:50	7:23
12		MW	Sandy Sabelka, 46*, Denver, IA	1:36:55	7:24
50	7	M35	Aaron Benscoter, 36, Marshalltown, IA	1:37:00	7:24
51	8	M35	Chad Meyerhoff, 39, Waterloo, IA	1:37:21	7:26
52	1	M60	Randy Clarke, 61, Dike, IA	1:37:33	7:26
53	8	M19	Matthew Schon, 20, Waukon, IA	1:37:38	7:27
54	8	M25	Alex Riniker, 25, Winthrop, IA	1:37:48	7:28
55	3	M55	Paul Glade, 58, Cedar Falls, IA	1:38:15	7:30
13	2	W35	Chia-Chi Kuo-Speck, 38*, Marlboro, VT	1:38:27	7:31
56	9	M25	Danny Cook, 26, Cedar Falls, IA	1:38:53	7:33
14	4	W19	Elli Parker, 20*, New Hartford, IA	1:38:56	7:33
57	6	M40	Justin Smith, 40, Sterling, IL	1:38:56	7:33
15	3	W35	Renee Fober, 35*, Cedar Falls, IA	1:38:57	7:33
16	4	W35	Shannon McNamara-Smith, 38*, Sterling, IL	1:39:16	7:34
17	5	W35	Rachel Hoger, 38*, Johnston, IA	1:39:20	7:35
58	4	M55	Ron Martin, 57, Cedar Falls, IA	1:39:38	7:36
59	7	M40	Andrew Degen, 44, Coralville, IA	1:39:46	7:37
18	5	W19	Sarah Dieken, 21*, Dike, IA	1:39:51	7:37
60	9	M30	Brad Graving, 34, Tomball, TX	1:40:41	7:41
19	1	W55	Patty Croonquist, 55*, Fort Dodge, IA	1:40:43	7:41
20	3	W14	Emmie Skopec, 16*, Coralville, IA	1:40:45	7:41
21	4	W14	Jessie Skopec, 14*, Coralville, IA	1:40:46	7:41
22	5	W14	Gabby Skopec, 14*, Coralville, IA	1:40:46	7:41
61	3	M50	Greg Skopec, 51, Coralville, IA	1:40:50	7:41
62	9	M35	Thomas Hesse, 36, Cedar Falls, IA	1:41:17	7:44
23	3	W25	Katie Wehmeyer, 26*, Waterloo, IA	1:41:36	7:45
24	1	W40	Sharon Landwehr, 41*, Fort Dodge, IA	1:41:37	7:45
63	10	M30	Austin Lorenzen, 33, Waverly, IA	1:41:38	7:45
25	6	W19	Heather Wiltse, 22*, Waverly, IA	1:41:42	7:45
26	2	W40	Jeff Rathmell, 44*, Chapel Hill, NC	1:41:44	7:46
64	10	M25	Matt Sima, 25, Cedar Rapids, IA	1:41:45	7:46
65	11	M30	Cole Pape, 30, Bettendorf, IA	1:41:47	7:46
66	8	M14	Jacob Pence, 17, Cedar Falls, IA	1:42:02	7:47
67	11	M25	Jesse Waitman, 28, Urbandale, IA	1:42:03	7:47
27	7	W19	Morgan Gerdes, 20*, Waterloo, IA	1:42:07	7:47
68	4	M45	John Peters, 48, Cedar Rapids, IA	1:42:19	7:48
69	10	M35	Jay Guild, 35, Oskaloosa, IA	1:42:29	7:49
70	12	M30	Tom Veiseth, 33, Cedar Falls, IA	1:42:30	7:49
71	13	M30	Chad Steffen, 33, Des Moines, IA	1:42:35	7:49
72	11	M35	Adam Hoogestraat, 39, Parkersburg, IA	1:42:40	7:50
28	8	W19	Lynzy Peters, 20*, Mason City, IA	1:42:41	7:50
73	8	M40	Rafael Morales, 42, Aracaju, SE	1:42:46	7:50
74	12	M35	Jeffrey Badger, 39, Parkersburg, IA	1:42:55	7:51
75	4	M50	David Harms, 53, Independence, IA	1:42:59	7:51
29	6	W14	Beth Heims, 18*, Swisher, IA	1:43:00	7:51
30	7	W14	Holly Wisnousky, 17*, Fairfax, IA	1:43:00	7:51
31	3	W40	Jamie Fouts, 41*, Cedar Falls, IA	1:43:17	7:53
32	3	W30	Beth Hektoen, 32*, Janesville, IA	1:43:37	7:54
33	9	W19	Scotti Schon, 22*, Cedar Falls, IA	1:43:38	7:54

76	5	M55	Nolan Morris, 57, Cedar Falls, IA	1:43:45	7:55
77	13	M35	Brian Barnard, 38, Keystone, IA	1:43:52	7:55
34	4	W25	Amanda Lynch, 25*, Cedar Falls, IA	1:44:08	7:57
35	10	W19	Hailee Reist, 20*, Cedar Rapids, IA	1:44:43	7:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
36	4	W40	Amy Pence, 42*, Cedar Falls, IA	1:44:51	8:00
78	5	M45	Greg Johnson, 48, Waterloo, IA	1:45:03	8:01
37	1	W50	Karen Harbaugh, 53*, Manchester, IA	1:45:04	8:01
38	5	W25	Monica Boyer, 26*, Cedar Falls, IA	1:45:04	8:01
79	14	M35	Jamie Fens, 39, Cedar Falls, IA	1:45:26	8:03
80	9	M19	Cody Saville, 23, Oelwein, IA	1:45:34	8:03
81	#978			1:45:54	8:05
82	5	M50	Lynn Trask, 52, Cedar Falls, IA	1:46:07	8:06
83	12	M25	Travis Stueve, 28, Waterloo, IA	1:46:19	8:07
84	15	M35	Scott Hansen, 35, Charles City, IA	1:46:28	8:07
39	4	W30	Melissa Haugo, 31*, Waverly, IA	1:46:30	8:07
40	8	W14	Emilie Johnson, 18*, Urbandale, IA	1:46:34	8:08
85	16	M35	Dan Keagle, 38, Cedar Falls, IA	1:47:17	8:11
41	6	W25	Amber McLeod, 29*, Victor, IA	1:47:20	8:11
42	5	W30	Erin Garms, 31*, Arnold, MO	1:47:37	8:12
86	14	M30	Adam Garms, 33, Arnold, MO	1:47:37	8:13
87	9	M40	Stacey Nelson, 43, Waterloo, IA	1:48:11	8:15
43	6	W35	Jennifer Jensen, 35*, Dike, IA	1:48:32	8:17
88	6	M50	Al Bangtson, 53, Cedar Falls, IA	1:48:33	8:17
89	17	M35	Chad Dudley, 36, Elizabethtown, KY	1:48:33	8:17
44	7	W35	Kim Sparks, 35*, Waterloo, IA	1:48:50	8:18
90	7	M50	Greg Holt, 51, Cedar Falls, IA	1:48:54	8:18
91	6	M55	Paul James, 59, Stanley, IA	1:48:57	8:19
92	6	M45	David Vieth, 47, Hiawatha, IA	1:49:05	8:19
93	10	M19	Tim Stelken, 21, Cedar Falls, IA	1:49:14	8:20
45	5	W40	Mary Minard, 40*, Waterloo, IA	1:49:15	8:20
46	11	W19	Ashley Stow, 20*, Cedar Falls, IA	1:49:16	8:20
94	7	M45	Kevin Weber, 48, Ia, Kevinw@Aedairy Co	1:49:22	8:21
47	2	W50	Bev Diercks, 53*, Denver, IA	1:49:30	8:21
95	13	M25	Matthew Friedman, 29, Madison, WI	1:49:49	8:23
48	8	W35	Molly Taiber, 37*, Cedar Falls, IA	1:49:54	8:23
96	8	M45	Roger Mullinnix, 48, Iowa City, IA	1:50:10	8:24
49	6	W30	Jessica Looby, 32*, Independence, IA	1:50:13	8:24
50	12	W19	Maria Wagenhofer, 20*, Waterloo, IA	1:50:22	8:25
97	10	M40	Brian Jungling, 44, Aplington, IA	1:50:30	8:26
51	9	W35	Rebecca Gelhaus, 35*, Cedar Falls, IA	1:50:36	8:26
52	7	W25	Maria Curlott, 27*, Cedar Falls, IA	1:50:50	8:27
53	10	W35	Jennifer Kramp, 36*, Lake Geneva, WI	1:50:54	8:28
54	1	W45	Jamie Stensland, 47*, Waverly, IA	1:50:58	8:28
98	14	M25	Andrew Shroll, 27, Cedar Falls, IA	1:51:16	8:29
99	9	M45	Bob Glick, 46, New Hartford, IA	1:51:22	8:30
100	15	M30	Doug Fishwild, 34, Cedar Rapids, IA	1:51:37	8:31
55	13	W19	Courtney Ford, 24*, University Height, IA	1:51:52	8:32
56	2	W45	Suzy Freedman, 47*, Cedar Falls, IA	1:52:02	8:33
101	18	M35	Elliot Brown, 38, Metairie, LA	1:52:05	8:33
102	1	M65	Henry Jungling, 66, Aplington, IA	1:52:07	8:33
57	11	W35	Melissa Barnard, 37*, Keystone, IA	1:52:12	8:34
58	12	W35	Erin Gardner, 35*, Cedar Falls, IA	1:52:22	8:34
103	11	M40	Ray Kelly Jr, 40, Waterloo, IA	1:52:26	8:35
104	19	M35	Kyle Nozicka, 36, Bellevue, NE	1:52:58	8:37
59	14	W19	Stephanie Yattoni, 23*, Cedar Falls, IA	1:53:27	8:39
60	15	W19	Melanie Nissen, 20*, Durant,, Ia	1:53:43	8:40
105	8	M50	Craig Weeks, 54, Peoria, AZ	1:53:48	8:41
106	2	M65	Roger Kramer, 67, Albuquerque, NM	1:53:57	8:42
61	16	W19	Gabrielle Tinner, 23*, Cedar Falls, IA	1:53:58	8:42
62	8	W25	Amanda Fadness, 26*, Decorah, IA	1:54:05	8:42
63	17	W19	Stephanie Fadness, 20*, Decorah, IA	1:54:05	8:42
64	18	W19	Amy Joens, 22*, Cedar Rapids, IA	1:54:07	8:42
65	2	W55	Lane Stark, 56*, Cedar Falls, IA	1:54:23	8:43

107	11	M19	Andrew Chapman, 22, Waterloo, IA	1:54:34	8:44
108	9	M50	Steve Hagarty, 52, Cedar Rapids, IA	1:54:36	8:45
66	9	W14	Chelsey Wiemers, 18*, Pocahontas, IA	1:54:45	8:45
67	6	W40	Lora Sink, 44*, Cedar Falls, IA	1:54:50	8:46
68	19	W19	Keely Jowitt, 22*, Los Angeles, CA	1:54:54	8:46
109	10	M50	Frank Jowitt, 54, Waterloo, IA	1:54:54	8:46
110	12	M19	Mitchell Splinter, 23, Waterloo, IA	1:55:06	8:47
69	3	W45	Leandra Hemmelgarn, 45*, Topeka, KS	1:55:07	8:47
70	3	W50	Peggy Nickel, 50*, New Richmond, WI	1:55:11	8:47
71	4	W45	Cathy Oates-Bockenstedt, 48*, Eden Prairie, MN	1:55:12	8:47
72	10	W14	Ilsa Knivslund, 14*, Cedar Falls, IA	1:55:13	8:47
73	11	W14	Brenda Sevcik, 15*, Cedar Falls, IA	1:55:13	8:47
74	7	W30	Norma Chebet, 32*, Waterloo, IA	1:55:23	8:48
111	16	M30	Graham Gerjerts, 33, Olathe, KS	1:55:25	8:48
75	8	W30	Mindy Collins, 31*, West Liberty, IA	1:55:38	8:49
76	5	W45	Jill Winters, 46*, Cedar Rapids, IA	1:55:51	8:50
77	3	W55	Julie Rosenberg, 55*, Cedar Rapids, IA	1:55:51	8:50
78	12	W14	Morgan Brown, 18*, Urbandale, IA	1:56:15	8:52
79	13	W35	Alisha Yi, 36*, Marion, IA	1:56:34	8:54
112	13	M19	Andrew Schreiner, 21, Iowa City, IA	1:56:37	8:54
113	20	M35	Dave Brands, 39, Rochester, MN	1:56:44	8:54
80	9	W30	Robin Brandt, 34*, Minneapolis, MN	1:56:49	8:55
81	14	W35	Amanda Elder, 36*, West Liberty, IA	1:56:51	8:55
82	20	W19	Amy Zabler, 22*, Cedar Falls, IA	1:57:15	8:57
114	3	M65	Tom Kirkwood, 69, Dyersville, IA	1:57:28	8:58
83	21	W19	Madelyne Rosenberg, 20*, Cedar Rapids, IA	1:57:30	8:58
115	17	M30	Joseph Tripp-Rieks, 33, Cedar Falls, IA	1:57:32	8:58
84	7	W40	Mylana Duben, 44*, Waterloo, IA	1:57:43	8:59
85	22	W19	Rylee Wagner, 20*, Blue Earth, MN	1:57:44	8:59
116	11	M50	David Roche, 52, Waterloo, IA	1:57:47	8:59
86	23	W19	Chelsea Gaylord, 22*, Center Point, IA	1:57:48	8:59
117	12	M40	David Christensen, 41, Cedar Rapids, IA	1:57:50	8:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
118	21	M35	Colby Entriken, 39, Hudson, IA	1:57:53	9:00
87	15	W35	Erin Jordan, 38*, Iowa City, IA	1:58:07	9:01
88	8	W40	Amy Roth, 41*, Cedar Falls, IA	1:58:36	9:03
119	14	M19	Josh Pedersen, 22, Fairmont, MN	1:58:37	9:03
89	6	W45	Cathy Stone, 45*, Stewartville, MN	1:58:40	9:03
90	9	W25	Lindsay Fayram, 25*, North Liberty, IA	1:58:46	9:04
91	10	W25	Melissa Summers, 26*, Waterloo, IA	1:58:47	9:04
92	11	W25	Katie Elliott, 28*, Iowa, IA	1:58:48	9:04
93	10	W30	Beth Freiberg, 33*, Cedar Falls, IA	1:58:50	9:04
94	4	W55	Catherine Burke, 55*, Forest Cty, IA	1:58:57	9:04
120	13	M40	Brent Merrick, 41, Hudson, IA	1:59:02	9:05
121	12	M50	John Ziemann, 54, Newton, IA	1:59:02	9:05
95	13	W14	Katie Hudson, 18*, Cedar Falls, IA	1:59:06	9:05
122	18	M30	Nathan Seyfer, 31, Cedar Rapids, IA	1:59:08	9:05
96	14	W14	Sierra Pantoja, 17*, Topeka, KS	1:59:28	9:07
123	19	M30	Caleb Wallace, 34, Cedar Falls, IA	1:59:29	9:07
97	15	W14	Regan Glandorf, 18*, Homestead, IA	1:59:45	9:08
98	16	W14	Shannon Mullnix, 16*, Williamsburg, IA	1:59:45	9:08
124	13	M50	Bruce Gettman, 54, Cedar Falls, IA	1:59:48	9:08
99	12	W25	Mallory Beck, 26*, Cary, NC	1:59:57	9:09
100	11	W30	Michelle Washington, 31*, Mason City, IA	2:00:00	9:09
125	22	M35	Tim Purdum, 37, Cedar Falls, IA	2:00:04	9:09
126	14	M40	Michael Repp, 43, Waterloo, IA	2:00:20	9:11
127	15	M25	Ahpunaby Chattopadhyay, 29, Cedar Rapids, IA	2:00:34	9:12
101	12	W30	Sarah Austin, 32*, Cedar Falls, IA	2:00:42	9:12
102	13	W30	Mariana Noli, 34*, Chicago, IL	2:00:51	9:13
103	14	W30	Amy Hasenclever, 32*, Fort Madison, IA	2:00:51	9:13
104	9	W40	Sara Eisenberg, 42*, Iowa City, IA	2:00:57	9:14
105	10	W40	Meta Forbes, 44*, Waterloo, IA	2:01:01	9:14

106	11	W40	Kristi Bacon, 42*, Waterloo, IA	2:01:02	9:14
107	1	W60	Bev Fisher, 60*, Marble Rock, IA	2:01:02	9:14
128	10	M45	Ed Bennett, 46, Waterloo, IA	2:01:05	9:14
108	24	W19	Laura Seyfer, 22*, Cedar Rapids, IA	2:01:10	9:15
109	13	W25	Chelsee Shortt, 25*, Ankeny, IA	2:01:15	9:15
110	1	JrW	Allison Andreasen, 13*, Johnston, IA	2:01:15	9:15
129	15	M40	Michael Andreasen, 40, Johnston, IA	2:01:22	9:15
111	16	W35	Kristy Leen, 35*, Waterloo, IA	2:01:23	9:16
130	16	M25	Micky Hansen, 28, Cedar Rapids, IA	2:01:39	9:17
131	23	M35	Rubens Costa, 35, Waterloo, IA	2:01:44	9:17
112	14	W25	Katherine Gray, 26*, Cedar Falls, IA	2:01:47	9:17
113	25	W19	Sarah DeAngelo, 21*, Ames, IA	2:01:47	9:17
114	5	W55	Debi Daters, 58*, Cedar Falls, IA	2:01:49	9:18
132	20	M30	Brian Lillis, 34, Austin, MN	2:02:04	9:19
133	21	M30	Joe Finke, 30, Cedar Falls, IA	2:02:05	9:19
134	24	M35	Bob Mourlam, 35, Cedar Rapids, IA	2:02:10	9:19
115	7	W45	Kelly Hassman, 49*, Sumner, IA	2:02:15	9:19
135	25	M35	Brian Ohair, 39, Cedar Falls, IA	2:02:22	9:20
136	2	M60	Jerry Brown, 60, Evansdale, IA	2:02:23	9:20
137	16	M40	Jeff Storey, 40, Dallas Center, IA	2:02:23	9:20
116	26	W19	Katie Horan, 21*, Iowa City, IA	2:02:31	9:21
138	26	M35	Jeremiah Klemish, 35, Springfield, MO	2:02:41	9:21
117	15	W30	Katrina Cockley, 31*, Springfield, MO	2:02:41	9:21
118	27	W19	Channing Paulsen, 20*, Cedar Falls, IA	2:02:48	9:22
119	15	W25	Alicia Mason, 26*, Cedar Falls, IA	2:02:49	9:22
139	14	M50	Bryan Schmidt, 51, Charles City, IA	2:02:53	9:22
120	16	W30	Abigail Martin, 34*, Cedar Falls, IA	2:03:21	9:25
121	6	W55	Phyllis Baker, 57*, Waterloo, IA	2:03:22	9:25
122	17	W30	Bridget Bakula, 34*, Cedar Falls, IA	2:03:23	9:25
140	11	M45	Brett Olson, 47, Cedar Falls, IA	2:03:27	9:25
141	22	M30	Gabe Berger, 34, Cedar Falls, IA	2:03:44	9:26
123	28	W19	Kaitlin Lundeen, 22*, West Des Moines, IA	2:03:46	9:26
124	29	W19	Emily Bosman, 22*, Cedar Falls, IA	2:03:46	9:26
125	12	W40	Pamela Gaylord, 44*, Center Point, IA	2:03:47	9:27
126	18	W30	Paige Miller, 33*, Cedar Falls, IA	2:03:53	9:27
127	30	W19	Kelly Whipps, 20*, Dike, IA	2:03:56	9:27
128	31	W19	Jessi Shubert, 23*, Crestwood, KY	2:04:05	9:28
129	32	W19	Rachel Endel, 23*, Rochester, MN	2:04:07	9:28
130	7	W55	Sally Marzen, 56*, 50433, IA	2:04:07	9:28
131	33	W19	Brouke Loonan, 23*, Waterloo, IA	2:04:10	9:28
132	16	W25	Mariah Fury, 25*, Cedar Falls, IA	2:04:13	9:28
133	34	W19	Felicia Mace, 24*, Cedar Falls, IA	2:04:13	9:29
142	7	M55	Dale Hendrickson, 59, Cedar Falls, IA	2:04:14	9:29
134	35	W19	Hannah Eilderts, 20*, Cedar Falls, IA	2:04:15	9:29
143	17	M40	Troy Peterson, 42, Waverly, IA	2:04:16	9:29
144	12	M45	Dave Yuska, 47, Grimes, IA	2:04:20	9:29
145	3	M60	Robert Mayfield, 64, Cedar Falls, IA	2:04:31	9:30
146	18	M40	Kenneth Tovar, 43, Waterloo, IA	2:04:34	9:30
135	17	W35	Mariah Hurley, 36*, Cedar Rapids, IA	2:04:37	9:30
136	17	W25	Amy Sherwood, 27*, Urbandale, IA	2:04:43	9:31
137	13	W40	Michele A. Hemann, 42*, Stacyville, IA	2:04:49	9:31
147	27	M35	Mark Wall, 39, Waterloo, IA	2:04:56	9:32
148	23	M30	Brock Weliver, 33, Cedar Falls, IA	2:04:58	9:32
149	8	M55	Tom Strub, 57, Cedar Falls, IA	2:05:00	9:32
138	19	W30	Jennifer Buls, 31*, Mason City, IA	2:05:06	9:33
139	17	W14	Maene Broeg, 17*, Parnell, IA	2:05:07	9:33
150	4	M60	Dan Roehler, 60, Kansas City, KS	2:05:08	9:33
151	13	M45	Anthony Gesell, 45, Cedar Falls, IA	2:05:45	9:36
140	14	W40	Susan Eisenbacher, 40*, Waterloo, IA	2:05:48	9:36
152	24	M30	Anthony Schaefer, 30, Marion, IA	2:05:50	9:36
153	14	M45	Victor Ochoa, 45, Cedar Falls, IA	2:05:54	9:36
154	28	M35	Ryan Zicco, 35, Lake Zurich, IL	2:05:59	9:37
141	8	W55	Pam Wood, 58*, Janesville, IA	2:06:06	9:37
155	9	M55	Jim Boelman, 57, Cedar Falls, IA	2:06:09	9:37

142	18	W35	Kelly Donjon, 37*, Prairie Du Rocher, IL	2:06:10	9:37
143	18	W14	Lucy Conroy, 16*, Mount Vernon, IA	2:06:23	9:38
144	19	W14	McKayla Hartl, 15*, Cedar Rapids, IA	2:06:23	9:38
156	4	M65	Mark Allen, 65, Cedar Falls, IA	2:06:28	9:39
145	15	W40	Jerelyn Ujazdowski, 42*, Appleton, WI	2:06:36	9:39
146	18	W25	Kimmy Callison, 26*, Cedar Falls, IA	2:06:37	9:39
157	19	M40	Aaron Sannes, 44, Cedar Falls, IA	2:07:02	9:41
158	15	M50	Chris Hansen, 50, Cedar Falls, IA	2:07:11	9:42
159	15	M45	Enrique Ochoa, 49, Cedar Falls, IA	2:07:12	9:42
147	36	W19	Staci Pump, 21*, Iowa City, IA	2:07:25	9:43
148	19	W25	Amy Bartels, 28*, Eldridge, IA	2:07:28	9:43
149	2	JrW	Sophie Selenke, 12*, Hudson, IA	2:07:28	9:43
150	8	W45	Sherri Selenke, 47*, Hudson, IA	2:07:29	9:43
151	20	W25	Jennifer Wordehoff, 26*, Richmond, TX	2:07:31	9:44
152	16	W40	Kelley Gregorsok, 41*, Cedar Falls, IA	2:07:32	9:44
153	4	W50	Jackie Peters, 52*, Cedar Rapids, IA	2:07:37	9:44
154	9	W55	Sandy Davis, 58*, Knoxville, TN	2:07:46	9:45
155	20	W30	Jaime Flanscha, 33*, Cedar Falls, IA	2:07:52	9:45
156	21	W30	Danielle Bonzer, 32*, Cedar Falls, IA	2:07:55	9:45
157	19	W35	Carrie Bohnert, 35*, Red Bud, IL	2:07:57	9:46
158	21	W25	Emily Zeiger, 29*, Red Bud, IL	2:07:57	9:46
159	17	W40	Teig Torres, 44*, Cedar Falls, IA	2:08:13	9:47
160	5	M60	John Lang, 61, Waterloo, IA	2:08:19	9:47
160	37	W19	Kathle Kohlhaas Sneller, 24*, Ames, IA	2:08:42	9:49
161	20	M40	Aaron Baack, 40, Altoona, IA	2:08:44	9:49
162	25	M30	Joseph Whalen, 32, Cedar Falls, IA	2:08:57	9:50
161	22	W30	Katherine Kerker, 34*, Cedar Falls, IA	2:09:09	9:51
162	23	W30	Lesley Stomp, 33*, Cedar Rapids, IA	2:09:15	9:52
163	22	W25	Elizabeth Minard, 28*, Waterloo, IA	2:09:26	9:52
163	16	M50	Rich Werner, 50, New Hampton, IA	2:09:27	9:52
164	38	W19	Megan Gross, 23*, Fort Hood, TX	2:09:30	9:53
165	23	W25	Jessica Pape, 26*, Bettendorf, IA	2:09:32	9:53
166	9	W45	Lori Gage, 45*, Fairbanks, IA	2:09:32	9:53
164	17	M50	Matthew Nagle, 51, Mount Vernon, IA	2:09:32	9:53
165	29	M35	Shannon McGinn, 36, Kansas City, MO	2:09:39	9:53
167	39	W19	Britney Hermsen, 23*, Farley, IA	2:09:44	9:54
168	18	W40	Shari Neese, 40*, Cedar Falls, IA	2:09:52	9:54
169	24	W25	Lynda Bohlmann, 28*, Cedar Falls, IA	2:10:07	9:56
170	19	W40	Stephanie Bessent, 40*, Lawrence, KS	2:10:18	9:56
166	17	M25	Jacob Salowitz, 29, Davenport, IA	2:10:21	9:57
171	25	W25	Stacie Salowitz, 28*, Davenport, IA	2:10:21	9:57
172	40	W19	Madeline Kennedy, 20*, Cedar Rapids, IA	2:10:32	9:57
173	41	W19	Makenzie Kennedy, 21*, Cedar Rapids, IA	2:10:32	9:57
174	26	W25	Kate Kuehn, 28*, Waterloo, IA	2:10:43	9:58
175	10	W45	Fadua Maslak, 45*, Cedar Falls, IA	2:10:57	9:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
167	18	M50	Glen Marshall, 50, Waterloo, IA	2:11:26	10:02
176	11	W45	Karen Brasel, 47*, Whitefish Bay, WI	2:11:50	10:03
177	20	W40	Nancy Brasel, 44*, Hopkins, MN	2:11:51	10:03
178	42	W19	Brooke Becker, 21*, New Hartford, IA	2:11:54	10:04
168	30	M35	Sid Harris Jr, 37, Cedar Falls, IA	2:11:55	10:04
169	16	M45	Gilberto Sosa, 49, Granger, IA	2:12:06	10:05
179	24	W30	Rebecca Kremer, 31*, Dubuque, IA	2:12:12	10:05
170	19	M50	Matt Highland, 50, Cedar Falls, IA	2:12:24	10:06
180	25	W30	Cindy Wiles, 31*, Cedar Falls, IA	2:12:36	10:07
181	27	W25	Lee Hestness, 27*, Waterloo, IA	2:12:50	10:08
182	28	W25	Kelli DeSerano, 25*, Waterloo, IA	2:13:00	10:09
183	43	W19	Alexis Blosch, 20*, Cedar Falls, IA	2:13:01	10:09
171	9	M14	Daniel Bockenstedt, 15, Eden Prairie, MN	2:13:03	10:09
172	26	M30	Ryan Eberhart, 32, Waverly, IA	2:13:55	10:13
184	21	W40	Kathy Seyfert, 44*, Delmar, IA	2:14:04	10:14
185	44	W19	Rachel Kuehn, 23*, Waterloo, IA	2:14:14	10:14
186	5	W50	Kris Wentzien, 51*, Solon, IA	2:14:14	10:14
187	6	W50	Lisa Sevcik, 52*, Cedar Falls, IA	2:14:23	10:15
188	29	W25	Sade Reed, 28*, Ames, IA	2:14:26	10:15

189	45	W19	Kellie McGrath, 21*, Crystal Lake, IL	2:14:27	10:15
190	20	W35	Megan Steffen, 36*, New Hartford, IA	2:14:34	10:16
173	6	M60	Joel Cooper, 61, Cedar Falls, IA	2:14:41	10:16
174	21	M40	Dustin Biddle, 40, Luverne, MN	2:15:22	10:20
175	7	M60	John Bries, 63, Dubuque, IA	2:15:23	10:20
191	21	W35	Sheila Smith, 36*, Grinnell, IA	2:15:47	10:21
192	46	W19	Alex Meyer, 24*, Ames, IA	2:15:48	10:22
193	22	W35	Jama Johnson, 39*, Grundy Center, IA	2:16:26	10:24
194	12	W45	Joan Horrell, 49*, Red Bud, IL	2:16:27	10:24
195	10	W55	Andrea Jenkins, 56*, Red Bud, IL	2:16:27	10:25
196	30	W25	Nicole Nelson, 25*, Rochester, MN	2:16:46	10:26
197	13	W45	Sandy Miller, 45*, Johnston, IA	2:16:52	10:26
198	22	W40	Teresa Sink, 42*, Waterloo, IA	2:17:03	10:27
199	11	W55	Charlotte Strub, 56*, Cedar Falls, IA	2:17:12	10:28
200	47	W19	Katy Nold, 23*, St. Paul, MN	2:17:42	10:30
176	15	M19	Josiah Snyder, 23, St. Paul, MN	2:17:42	10:30
201	2	W60	Karen McGinn, 64*, Cedar Falls, IA	2:17:43	10:30
202	23	W40	Kristen Duggan, 43*, Cedar Falls, IA	2:17:44	10:30
177	18	M25	Owen Siebring, 27, Albion, IA	2:18:02	10:32
203	48	W19	Jenna Shirley, 20*, Hudson, IA	2:18:30	10:34
204	31	W25	Hillary Caldwell, 28*, Washburn, IA	2:18:34	10:34
178	20	M50	Jeff Schon, 53, Waukon, IA	2:18:40	10:35
179	16	M19	Andrew Duncan, 23, Waterloo, IA	2:19:00	10:36
205	24	W40	Shelly Kleinschmidt, 43*, Cedar Falls, IA	2:19:14	10:37
206	14	W45	Julie Weidemann, 49*, Dubuque, IA	2:19:16	10:37
207	23	W35	Rhoni Jo Barnes, 36*, Cedar Rapids, IA	2:19:21	10:38
208	49	W19	Kendra Smith, 21*, Beaman, IA	2:20:21	10:42
180	21	M50	Jesse Ponce, 52, Dallas, TX	2:20:32	10:43
209	26	W30	Liz Patterson, 33*, Cedar Falls, IA	2:20:48	10:44
210	50	W19	Natalie Patterson, 23*, Cedar Falls, IA	2:20:49	10:44
181	19	M25	Sasa Josavac, 28, Waterloo, IA	2:20:56	10:45
182	8	M60	Dan Bertsch, 63, Indianola, IA	2:21:06	10:46
211	32	W25	Kelly Hellman, 28*, Waterloo, IA	2:21:09	10:46
212	20	W14	Lara Bockenstedt, 17*, Eden Prairie, MN	2:21:25	10:47
183	31	M35	Mike Kramp, 39, Lake Geneva, WI	2:21:26	10:47
213	24	W35	Susan Considine, 39*, New Hartford, IA	2:21:48	10:49
214	51	W19	Kayla Balke, 20*, Iowa City, IA	2:22:04	10:50
215	15	W45	Leslie Clarke, 46*, Tucson, AZ	2:22:15	10:51
216	21	W14	Shelby Christensen, 18*, Cedar Rapids, IA	2:22:21	10:51
217	33	W25	Katy Keenan, 25*, Cedar Falls, IA	2:22:23	10:52
184	20	M25	Drew Keenan, 26, Cedar Falls, IA	2:22:24	10:52
185	22	M50	Eric Barnowski, 51, Fair Haven, MI	2:22:28	10:52
186	17	M45	Ed Acoymo, 48, Ankeny, IA	2:23:10	10:55
218	27	W30	Robin Hennick, 33*, Evansdale, IA	2:23:19	10:56
219	7	W50	Maureen Kenney, 51*, Cedar Rapids, IA	2:23:37	10:57
220	52	W19	Hayley Rinehart, 21*, Marion, IA	2:23:53	10:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
221	16	W45	Tammie Passet, 48*, Mt Pleasant, IA	2:24:46	11:03
222	17	W45	Jill Asprey, 48*, Solon, IA	2:24:53	11:03
187	18	M45	Chuck Weno, 49, Iowa City, IA	2:25:02	11:04
223	25	W35	Lori Brekke, 36*, Union, IA	2:25:19	11:05
188	32	M35	Craig Skilling, 37, Waterloo, IA	2:25:26	11:06
224	53	W19	Molly Balke, 20*, Iowa City, IA	2:25:26	11:06
225	25	W40	Tammy Drees, 44*, Stewartville, MN	2:25:46	11:07
189	5	M65	Danny Hartley, 66, Princeton, IN	2:25:46	11:07
190	17	M19	Randall Donitnan, 24, Caseyville, IL	2:25:57	11:08
226	26	W40	Kara Shugar-Davis, 41*, Cedar Falls, IA	2:26:16	11:09
227	8	W50	Julie Kennedy, 51*, Cedar Rapids, IA	2:26:16	11:09
228	27	W40	Amy Lang, 41*, Cedar Falls, IA	2:26:18	11:10
229	26	W35	Rhoni Jo Barnes, 36*, Cedar Rapids, IA	2:26:31	11:11
191	18	M19	Carlos Flores Guzman, 22, Elgin, IL	2:28:22	11:19
192	10	M14	Josue Flores Guzman, 16, Elgin, IL	2:28:36	11:20
230	9	W50	Sharon Gerleman, 51*, Ridgeway, IA	2:28:49	11:21

193	19	M19	Reece Gerleman, 21, Ridgeway, IA	2:28:51	11:21
231	27	W35	Cheryl Scott, 39*, Waterloo, IA	2:29:48	11:26
232	28	W40	Cari Martin, 42*, Norway, IA	2:31:15	11:32
233	28	W35	Dawn Lueken, 38*, Dubuque, IA	2:32:00	11:36
234	10	W50	Lori Roberts, 53*, Cedar Falls, IA	2:32:48	11:39
235	34	W25	Katelyn Bries, 25*, Ankeny, IA	2:33:25	11:42
236	12	W55	Ann Hegstrom, 57*, De Soto, IA	2:34:09	11:45
194	23	M50	Aaron Dennis, 50, Helena, MT	2:34:11	11:46
195	22	M40	David Harris, 44, Cedar Rapids, IA	2:34:48	11:48
237	22	W14	Ella Newell, 18*, Waverly, IA	2:34:56	11:49
196	24	M50	Peter Newell, 50, Waverly, IA	2:34:57	11:49
238	11	W50	Gwendolyn Rucker, 51*, Elkhorn, NE	2:35:13	11:50
239	13	W55	Jaymee Glenn-Burns, 55*, Cedar Falls, IA	2:35:27	11:51
240	29	W35	Danielle Dever, 36*, Chicago, IL	2:35:55	11:54
197	33	M35	Jeremy Burnham, 39, Chicago, IL	2:35:57	11:54
241	18	W45	Kim Vyers, 48*, Belleville, IL	2:37:02	11:59
242	35	W25	Emily Grimes, 26*, Wisconsin Rapids, WI	2:37:08	11:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
243	14	W55	Eileen Lambert, 55*, Chesterfield, MO	2:37:23	12:00
244	54	W19	Rebecca Starkey, 24*, Scott Afb, IL	2:37:51	12:02
245	29	W40	Theresa Caven, 40*, Pewaukee, WI	2:38:28	12:05
246	12	W50	Laura Degroote, 50*, Greeley, C	2:38:49	12:07
247	15	W55	Barb Scoles, 55*, Elk Run Heights, IA	2:42:08	12:22
248	28	W30	Rajka Josavac, 31*, Waterloo, IA	2:43:12	12:27
249	36	W25	Jennifer Thornton, 26*, Cedar Falls, IA	2:44:03	12:31
250	3	W60	Carol Hammen, 64*, Clive, IA	2:44:22	12:32
251	55	W19	Kelci Harmon, 20*, Columbia, MO	2:46:08	12:40
252	30	W40	Darla Harmon, 41*, Columbia, MO	2:46:08	12:40
253	37	W25	Laura Trueg, 28*, Cedar Falls, IA	2:46:56	12:44
254	30	W35	Melissa Crozier, 35*, Cedar Falls, IA	2:46:57	12:44
198	25	M50	Jeff Davenport, 53, Indianapolis, IN	2:47:02	12:44
255	19	W45	Lisa Shawler, 46*, Creston, IA	2:47:54	12:48
256	20	W45	Tracy Schmidt, 47*, Williamsburg, IA	2:48:50	12:53
257	21	W45	Maria Abbatantuono, 47*, Bloomingdale, IN	2:49:00	12:53
199	26	M50	Jeff Testa, 50, Bloomingdale, IL	2:49:01	12:54
200	19	M45	Dan Hagerty, 48, Johnston, IA	2:49:23	12:55
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
258	38	W25	Madison Brown, 27*, Mason City, IA	2:50:38	13:01
201	6	M65	Ed Siems, 65, Marshalltown, IA	2:53:20	13:13
259	31	W35	Nicole Rand, 35*, Norwalk, IA	2:53:23	13:14
202	20	M19	Hank Olmstead, 20, Waterloo, IA	2:53:26	13:14
260	31	W40	Kristi Bacon, 42*, Waterloo, IA	2:55:13	13:22
261	4	W60	Bev Fisher, 60*, Marble Rock, IA	2:56:54	13:30
262	39	W25	Christina Sennert, 28*, Waterloo, IA	3:00:32	13:46
263	22	W45	Virginia Barnowski, 49*, Fair Haven, MI	3:02:13	13:54
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
264	40	W25	Mildred Aponte-Soto, 29*, Lorain, OH	3:03:50	14:01
265	16	W55	Jo Rabbers, 55*, Arlington, TX	3:05:04	14:07
266	29	W30	Misha Cummings, 31*, Cedar Falls, IA	3:06:29	14:14
267	23	W14	Courtney Durbala, 16*, Cedar Falls, IA	3:08:29	14:23
203	7	M65	Mac McGinn, 68, Tempe, AZ	3:08:52	14:24
204	9	M60	Dennis Keith Yergler, 61, Cedar Rapids, IA	3:09:56	14:29
268	41	W25	Lacey Erbe, 29*, Scott Afb, IL	3:09:59	14:30
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
205	27	M30	Michael Erbe, 31, Scott Afb, IL	3:19:12	15:12
269	30	W30	Clare Snyder, 30*, Cedar Falls, IA	3:20:15	15:17
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
270	42	W25	Christene Donitnan, 26*, Caseyville, IL	3:36:40	16:32

* indicates females

5 finishers among Males (no age given)

10 finishers among Men 14 - 18

20 finishers among Men 19 - 24

20 finishers among Men 25 - 29

27 finishers among Men 30 - 34
33 finishers among Men 35 - 39
22 finishers among Men 40 - 44
19 finishers among Men 45 - 49
26 finishers among Men 50 - 54
9 finishers among Men 55 - 59
9 finishers among Men 60 - 64
7 finishers among Men 65 - 69
2 finishers among Women Under 14
23 finishers among Women 14 - 18
55 finishers among Women 19 - 24
42 finishers among Women 25 - 29
30 finishers among Women 30 - 34
31 finishers among Women 35 - 39
31 finishers among Women 40 - 44
22 finishers among Women 45 - 49
12 finishers among Women 50 - 54
16 finishers among Women 55 - 59
4 finishers among Women 60 - 64
207 male finishers
268 female finishers
475 total finishers

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